

You're heading to Stanley's, what do I need to know?

Congratulations, you are heading to Stanley's. Now the rest of the planning comes into play. We are here to assist you every step of the way. Whether it's your first trip to Ontario fishing or your 50th, there are still questions that need to be answered. We will try to put as much information into this info sheet, from the most common asked questions. If you find that you still can't find the answer, please feel free to contact us. We will be more than happy to answer any of your questions. We can be reached through many different ways;

- email info@stanleys.com
- phone 1-800-461-1444
- · Facebook group Stanley's Resort



WHAT'S IN THE CABINS?



WHAT'S IN THE BOATS?



WHAT KIND OF TACKLE?

How do I get there?

Most travelers from the mid-west will pick-up Hwy 94 and head towards Minneapolis. At Eau Claire Wisconsin you can choose to turn north on Hwy 53, which will take you straight to the Border, or you may continue on to Minneapolis. There are some advantages to using the Interstate, then traveling north on Hwy 35 route around the Twin Cities. Four lane travel, 65+ MPH and bypassing Duluth may be worthwhile. The 53 route is shorter, slower, and passes through small towns.But this has always been a favorite route to International Falls. Recent construction on 53 has seen an increase in the amount of 4-lane Hwy and an increase in the speed limit.

A possible delay that may occur is a line up at the bridge to cross into Canada. There is no trick to missing the rush hour on Saturdays. To avoid the long line-ups, many travelers cross into Canada Friday, enjoy a relaxing morning, and then **arrive after 2 PM to check-in**.

Crossing the bridge

Before crossing fill up your gas tank and visit the Duty Free Shop if you like. You will be charged a toll at the bridge when you cross. It's a one way toll, and you won't be charged on the way back.

Customs & Immigration

They border guards have a job to do, so please respect that you are crossing into another country. Have your IDs ready for everyone in the vehicle, and assist them in seeing what is in the vehicle by rolling down the rear windows if you can so they can see into the back. They are going to ask you several questions, so don't be flustered. These will usually amount to;



IDENTIFICATION

PASSPORTS ARE REQUIRED FOR ADULTS 16 YEARS OF AGE AND OLDER TO RE-ENTER THE US. CHILDREN UNDER 16 CAN USE THEIR BIRTH CERTIFICATES. THERE ARE ENTRY RESTRICTIONS FOR PREVIOUS CRIMINAL OFFENSES (DUI'S INCLUDED). PLEASE CHECK WITH CANADA CUSTOMS PRIOR TO YOUR TRIP TO ENSURE YOUR ENTRY INTO CANADA



ALCOHOL

ADULTS 19 YEARS AND OLDER MAY BRING 1.1 LITER (40 OZ) OF LIQUOR OR WINE, OR 24 X 12 OUNCE CANS OR BOTTLES OF BEER. UP TO 9 LITERS (TWO GALLONS) MAY BE IMPORTED ON PAYMENT OF DUTY AND TAXES AT THE PORT OF ENTRY. THE BORDER GUARDS ARE KIND OF STICKY ON THIS ONE, THOSE COUPLE OF EXTRA BOTTLES ARE NOT WORTH THE FINE, NOR THE EMBARRASSMENT OF BEING CAUGHT SMUGGLING. YOU CAN STILL BUY LIQUOR ON THE CANADIAN SIDE.



GROCERIES

THERE ARE NO RESTRICTIONS ON BRINGING FOOD WITH YOU TO THE RESORT. MOST GUESTS WILL BRING UP THEIR STAPLES, AND PICK UP THEIR PERISHABLES ONCE THEY ARE CLOSE TO THE RESORT. THERE ARE SEVERAL LARGE GROCERY STORES IN DRYDEN (35 MINUTES AWAY) AS WELL AS A SMALL GROCERY STORE IN VERMILION BAY (15 MINUTES).

Almost there....

where do you live, what is you citizenship, where are going to be staying, how much alcohol or tobacco, any firearms? Be honest and be ready to answer those questions and possibly more. If they ask you to come in for further questions or a spot check, just take it all in stride. Sometime it's a random check and your number just came up. Remember they are doing their job, so a positive demeanor with the agent will always get you father than a stand-off attitude. If you have declared more alcohol that is permitted, you will be asked to come inside and pay the duty on the excess. Bring your receipts

Once you are clear of the border, across the street is the tourist information center. If you need to exchange some US currency for CDN, this is a good place to do it. You should have some CDN Dollars on you for small purchases. The local merchants do take US, but you won't get as good of an exchange rate. Letting that summer student at the register try to calculate the difference in currency, is worth having some CDN bills with you (beside they're full of pretty colors to look at). You can use your Visa or M/C at any store in Canada but you need to know a few things. Your bank may charge you for an out of country transaction. Also your bank may have security provisions in place to guard against fraud. Out of country transactions may end up putting a hold on your card. To prevent this, you can call your credit card company ahead of time, and let them know that you are going to Ontario, and to expect to see transactions from there.

Travel from the border

There are two routes to get you into camp now. The quickest route is to follow Hwy 11 east out of Ft. Frances. Remember the speed limit is in metric, so be careful. About 30 minutes out of Ft. Frances on Hwy 11, you will come upon a left turn onto Hwy 502. This is the road to Dryden. This is road will take a couple of hours till it ends. At the end of the road there will be a couple of directional signs pointing you to Hwy 17 West. Disregard them and pull out these directions. Turn right at the end of 502, which will bring you to Hwy 594. About 5 minutes down the road you will see a huge paper mill. If you have all of your supplies and are ready to head right into camp, there is a road just before the mill which points you towards Hwy 17. Follow it till you come to the stoplights and then turn left, now you are on Hwy 17W which will bring you right to Stanley's. If you need to pick up some groceries, don't turn at the mill, proceed straight and follow the road into Dryden. Just past the first light there is a large Safeway grocery store, they should have everything you need. From here you are only about 45 minutes from camp so you can pick up those perishables if you need them.

There are two other grocery stores in Dryden. If you continue straight past the Safeway and go over the overpass, you will tee into Hwy 17.Turn right and travel 1/4 mile to the Extra foods and Wal-mart (just a regular Wal-mart, not a grocery store), or turn left and travel 1/2 mile to the IGA

Once leaving Dryden on Hwy 17W, you will come upon the town of Vermilion Bay about 25 minutes away. There is a grocery store, liquor outlet, and gas stations here as well. Going past Vermilion Bay about 10-12 minutes will bring you to West Arm Road. It will be a left turn off the Hwy, from there just follow the signs right into camp. We'll see you there around 2:00 check-in time.

Another route to get you to camp would be to head west on Hwy 11 after crossing the border. About 20 minutes outside of Ft. Frances you will turn north on Hwy 71. This road is not as desolate as the other route. There are a couple of stops along the way. Travel to the end of 71 and then turn right and travel east on Hwy 17 for about 40 minutes, till you come to West Arm Road. You will be turning right off the Hwy, and then following the signs into camp.

Both routes are alright, but the Hwy 71 combination will take upwards of 45 minutes longer than the hwy 502 route. Both hwys will have some huge bumps and potholes due to the frost heaves of our cold winters, so you might have to drive around them. There is one important aspect to be aware of when traveling on any hwys in Northwestern Ontario, especially at night, "critters". Please be aware of the moose, deer and bear. you have come a long way, and don't want end your trip before you even arrive at you destination.

A note about GPSs

While GPSs are great, they don't replace local knowledge. Use our written instructions over the GSP route to save you some un-necessary detours. We guarantee it is the fastest and best route to Stanley's.

What is at the Resort...and what do we need to bring?

COTTAGE FURNISHINGS:

Here is a list of what to expect in your cottage upon arrival at Stanley's

Kitchen: Cutlery, cookware, utensils, dishes, glasses, can opener, corkscrew, toaster, drip-style coffeepot with filters, four burner electric stove with oven and broiler, full sized fridge & small microwave. Kitchen towels, dishcloth, S.O.S.pads, small dish soap, and garbage bags. Please note, paper towels , foils & plastic wraps ARE NOT furnished.

Bathroom: Bath towels, hand towels, face cloths, shower mats, bar soap, toilet tissue, kleenex. Note: All towels are changed daily.

Bedroom: Dresser, closet with sturdy hangars. Fresh linen, blankets, pillows, bedspread & clock radio.Additional alarm clocks on request.

Living Room: Sofa, easy chair, reading lamp, TV with satellite hookup (4-5 channels are broadcast through camp). DVD player , wireless internet.

Outside your cottage: Charcoal grill and outdoor furniture. Charcoal and starter is NOT included, but available at our store.

At the boat dock: Free popcorn, coffee and fishing tips, 24 hour public phone (bring an ATT pre-paid calling card for the cheapest calls to back home), public computer, small tackle shop, portage lake sign-up board, charter air service, guide service, free ice (as much as you want, bring your cooler),

ATT AND VERIZON CELL PHONES DO WORK IN OUR AREA, BUT ROAMING RATES COULD BE SUBSTANTIAL free fish cleaning, freezers. All tackle, guided excursions ,and air charter prices are posted.

The lakeside patio: Outdoor furniture, fish-fry location, and the place to view our pet fish. Sorry-no casting for the pets. We'll show you other fishing holes.

The Laundromat: Open to 10 P.M. use quarters to wash and dry, bring a small bag of soap from home to save having to buy one when you are up here.

Office and store: Front desk, fishing licenses, messages, baby-sitting, lost and found, local information, mail drop, church directory. Souvenir shirts, hats, & sweatshirts. Tobacco and alcohol products are not available.

The beach: Shallow swimming, sand beach & swing-set.

The rock: Diving board, slide & swim raft. Swim at your own risk as it is not supervised. We suggest you pack beach towels.

Canoe & paddleboat: No charge-first come, first serve.

Sauna: Open to 10 PM. Children must be with an adult.

Shorelunch box: No charge for equipment, ask for gear at boat house. (contains no food, you stock it with beans, oil, potatoes etc.)

CABINS



PATIO FURNITURE & BBQ



FULLY EQUIPPED KITCHEN



ALL TOWELS AND LINEN



ALL BEDDING

FYI...Canada info

- **Currency:** Money is based on Canadian dollars and cents. Some retailers will accept your US dollars. The tourist information center, immediately across the border once you are in Fort Frances, Ontario, offers fair US exchange for travelers. Visa or MasterCard are widely accepted. Discover cards cannot be used in Canada.
- **Personal Baggage:** This may include fishing tackle, boats, motors, GPS, radios, computers, cameras, dvds, and other items of a personal nature to be used in Canada during the visit.
- **Tobacco:** 18 years of age or over may bring 50 cigars or 200 cigarettes or 2.2 pounds of tobacco. Duty and taxes apply to additional quantities. Cuban cigars are for sale in Canada
- **No Smoking**: in any public locations, buildings, restaurant.etc. It is even illegal to smoke in a car if you have children under the age of 16 in the vehicle.
- Identification: All visitors, including children, should possess identification, Passports are required to re-enter the US. Persons under 18 who are not accompanied by an adult should bring a letter from a parent or guardian giving them permission to travel in Canada.
- **Handguns:** Don't even think of trying! They are prohibited. Rifles and shotguns can only be brought up for reserved hunting trips. Weapons of all types must be declared.
- **Buckle Up**: It's the law. Radar detection devices are illegal and must be stored in the trunk or in baggage. Don't think we're joking on this one. Many a motorist have returned without the radar detector that they brought in.
- Hands free devices: These are mandatory for all drivers who are talking on their cell phones while driving.
- **Prior DWI Convictions:** DWI records are considered felonies in Canada whether or not it was a lesser offense in your home state. You may be denied entrance into Canada if you have ANY felony record.
- Harmonized SalesTax (HST): This is a 13% tax that is paid on most

of your purchases. US visitors can claim a refund for some of the HST on your trip.

- **Metric Measurements:** You will observe metric units for highway speeds. distances. temperatures. weight and volume.
- **Electricity:** Stanley's is service by Ontario Hydro, the provincial electricity supplier. 110 V, the same as back in the US, no converters needed.
- **Bait:** Canada has restrictions on the transfer of bait across it's borders. No minnows or leeches can be brought in Canada, live / dead / frozen or otherwise. There is also a restriction on worms. Actually it's the bedding. As long as a commercially made bedding is used (i.e. Buss bedding), it is allowed, but regular soil cannot be used.
- **Grocery Stores:** Many stores now charge you for plastic bags, and most locals bring their re-usable bags with them to the store. At Extra foods in Dryden, you will need a loonie (One dollar CDN coin) to get a shopping cart. from the outdoor rack. You will get your loonie back once you return your cart to the cart stand.
- **LCBO:** or liquor store. This is a government run outlet so it doesn't have late hours. There are stores in Vermilion Bay, Dryden and Kenora. They usually close at 6:00 pm on week days, and 8:00 pm on Fridays. The LCBO in Vermilion Bay offers an assortment of cold beer, wine and liquor. Dryden and Kenora have separate LCBOs and Beer stores. so you may need to stop twice in the larger towns to get what you need, or one stop in Vermilion Bay.
- **Civic Holidays:** Canada observes the following holidays during the season. You can expect that most retail stores, banks, government offices are closed.
 - 3rd Monday in May Victoria Day
 - July 1st Canada Day
 - Ist Monday in August (we needed another long week-end in the summer)
 - Ist Monday in September -Labor day
 - 2nd Monday in October -Thanksgiving Day

WHEN CROSSING INTO CANADA REMEMBER



BE READY TO CROSS



NO HANDGUNS



NO MINNOWS OR LEECHES



NO PEPPER SPRAY/ MACE



WALLEYE

BACK TROLLING IS OUR MOST EFFECTIVE METHOD. USING LIVE BAIT SUCH AS WORMS, MINNOWS, OR LEECHES AND A LINDY RIG. MAKE SURE YOU HAVE PLENTY OF WALKING SINKERS (LINDY SINKERS), YOU WILL USE ANYTHING FROM 1/4 OZ. IN THE SPRING TO 3/4 IN THE LATE SUMMER AND FALL. IT IS ALSO A GOOD IDEA TO BRING LOTS OF BARREL OR SNAP SWIVELS. AFTER LOSING A FEW RIGS IN THE ROCKS, YOU CAN TIE YOUR OWN RIGS TOGETHER AND JUST USE A #6-8 BAITHOLDER HOOK. WHEN FISHING IN THE SUMMER MONTHS, FLOATING JIG-HEADS ARE A MUST. BRING ALL DIFFERENT SHAPES AND SIZES AND COLORS, YOU NEVER KNOW WHICH ONE IS GOING TO BE THE HOT BAIT. ALSO LITTLE JOE SPINNERS, CRAWLER HARNESSES, 3/8 OZ JIGS, MR. TWISTERS, TUBE JIGS, FUZZY GRUBS OR SIMILAR ARE PRODUCTIVE IN A VARIETY OF COLORS INCLUDING FLUORESCENCE. INCLUDE A FEW STINGER HOOKS IN CASE THE FISH ARE HITTING SHORT

NORTHERN

FAVORITES LIKE DAREDEVIL "FIVE OF DIAMONDS" IN YELLOW AND RED OR COLORS LIKE SILVER/BLUE, RED/WHITE AND HAMMERED SILVER DO THE TRICK.WE LIKE #4 AND #5 MEPPS BUCKTAIL. GENERALLY 1/2, 3 /4 AND 1 OZ SIZES WORK BEST. BRING ANY OF YOU OTHER FAVORITE BASS LURES, NORTHERN SEEM TO LIKE ANYTHING THAT FLASHES, SPINS, WIGGLES OR JUST PLAIN LOOKS TASTY. BRING A DOZEN OR SO STEEL LEADERS AS WELL. FOR TROPHY PIKE AND MUSKIE USE A HEAVY MUSKIE BAITCASTING ROD FILLED WITH 16-20 POUND MONOFILAMENT THAT CAN HANDLE LURES UP TO 3 OUNCES.





LAKE TROUT

SHALLOW FISHING (IN THE EARLY SPRING AND LATE FALL) CALLS FOR CASTING DAREDEVIL SPOONS, OR TROLLING SPOONS AND CRANK BAITS.DEEP WATER

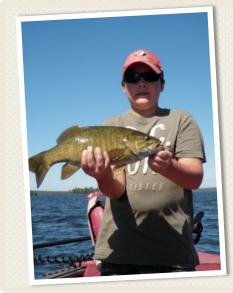
FISHING, (LATE SPRING TO MID-FALL), IS DONE BY TROLLING OR VERTICAL JIGGING WITH "COWBELLS AND TROUT TROLLS." YOU'LL NEED HEAVY JIGS OR WEIGHTS UP TO 4 OUNCES. WE PREFER SUTTON SPOONS, OR LIGHT FLUTTER SPOONS OF THE SILVER/BLUE, SILVER/RED AND ANY FLUORESCENT COLORS RANGE PLUS JIGGING LURES LIKE THE WHITE AND SILVER "SWEDISH PIMPLE". DEEP WATER TROLLING REQUIRES A HEAVY ROD AND REEL. DOWN RIGGERSARE NOT USED TOO MUCH DUE TO THE RAPIDLY CHANGING BOTTOM THAT YOU WILL ENCOUNTER AS YOU ARE TROLLING.

Rod & Reels Suggestions

We recommend ultra-light rods with 6-8 Ib test line. for walleye and bass fishing. Northerns, lake trout and whitefish will require a med-heavy to heavy rod with 10-20 lbs test. If you are a muskie fisherman, then you probably already know what kind of gear you need, if you are getting started that will amount to several different rod depending on what type of bait you are throwing. Some people will like a long heavy muskie pole for throwing bucktails, and a shorter stiffer pole for working jerk baits. either way you are going to need a quality baitcasting reel with 25-50 lbs test line.

If any of our tackle is unfamiliar, you'll find them at our tackle shop or in Vermilion Bay. Most of our guests have never fished for whitefish, it would be to hard to explain it all in this letter, thus we have all the necessary items available at our tackle shop right at the Resort. We furnish fishing nets but bring your favorite if you prefer. Gaff hooks are never used.

GUIDE TIP- BE SURE THE LINE ON YOUR REEL IS NEW, AND THE SPOOL IS FULL.



SMALLMOUTH BASS

THEY HIT ON ALMOST ANYTHING NORTHERNS AND WALLEYE LIKE. BRING YOUR FAVORITES! SPRING FISHING CAN SEE SHALLOW AND TOP WATER ACTION, WHILE SUMMER AND FALL WILL SEE DEEPER WATER AND SOME TROLLING ACTION



GO BIG AND HEAVY IF YOU ARE REALLY SERIOUS ABOUT MUSKIE. STIFF 5-7 FT POLES WITH 35-50 LBS TEST LINE. BUCKTALES, COWGIRLS, GRANDMA BAITS, SUICKS....THE LIST CAN GO ON AND ON. MAKE SURE YOUR HOOKS ARE SHARK AND YOU HAVE FRESH LINE AND LEADERS. YOU MAY ONLY GET ONE SHOT AT THE FISH OF A LIFETIME.



WHITEFISH

THESE DEEP WATER SCHOOLING FISH START TO COME INTO SEASON IN MID-JULY. DEEP WATER TROLLING WITH A LONG TROUT ROD AND THIN METAL SPOONS WORK GREAT. THE SUSPENDED FISH ARE CAUGHT TROLLING SPOONS AT SEVERAL DIFFERENT DEPTHS. 10-15 LBS TEST LINE WITH A LEVEL WIND REEL IS BEST.

You trip planning checklist - Suggested items

Personal Items

- clothing appropriate for the season
- · rain and cold weather gear
- sunglasses / sunscreen
- hat
- Mosquito repellant
- camera / charger
- cell phone or calling card for calls back home
- personal items (toothpaste/ toiletries, prescription medication)

NOTE - PRESCRIPTIONS FROM THE US CAN'T BE REFILLED UNLESS YOU SEE A CANADIAN DOCTOR. MAKE SURE THAT YOU HAVE ENOUGH MEDICATION FOR YOUR TRIP

Fishing gear

- a couple of different sizes of rods and reels
- tackle box with suggested tackle and spare spools of fresh line.
- pliers or multi tool
- pocket knife / fillet knife
- small first aid kit
- GPS / flashlight
- waterproof storage bags
- landing net (if you have a personal favorite, otherwise we have some at the resort)
- cooler / rope stringer (please no metal stringers)

Items for your entire group

- food and snacks (a preplanned menu will help with over/under packing for food)
- beverages (make sure you read the section on crossing the border with alcohol)
- cooler- (to bring on the boat with you and to bring back any of your fish)
- boom-box / mp3 player for a little music while you are in the cabin
- DVDs to watch in the evening
- cards / poker chips / games
- · charcoal / lighter fluid
- paper plates / paper towel / tin foil
- mosquito coils

Traveling to Stanley's

- make sure driver's license, vehicle insurance and registration are valid
- Have some cash (US & CDN) for incidental purchases
- Valid passport
- Make sure you declare all items with Canada customs when you cross.
- Roadside assistance is always a good idea when traveling (AAA / OnStar).
- Remember Canadian speed limits are posted in Kilometers per hour (KM/H)
- use of headlights during the day is encouraged in Canada

Group discussion prior to arriving at Stanley's

- discuss the different fishing license types among the group members prior to arrival. Determine who wants the included conservation license, or whats to pay the upgrade for the sportsmen's license.
- Discuss the different portage lake options and decide if you want to reserve any of the the other lakes for later in the week.
- Discuss whether your group would like to take the optional boat / motor insurance for the week. (\$125 week for 17 1/2 ft boat, \$100 week for 16ft boat).
- Discuss if you would like to reserve any guided excursions or fly-out for your week. (guide rate \$210 per day for 2, \$15 for each extra person)

Arrival at Stanley's

- check-in at the boat house office
- if you are going to be arriving later than 7:00 pm, please call and let us know so we can leave directions for you to your cabin.
- fill out your fishing licenses and get your boat assignments for your stay.
- fill out your boaters operator's card and complete the dockside check list for the boat.
- Arrange a guided tour of the lake with the dock staff, based on a time that fits your schedule.
- reserve any portage lakes / guided excursions for the week
- settle into your cabin for the remained of your stay.

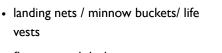
Boats and Equipment

Stanley's equips it boats the same way you would have it if it was your own. Our 17 1/2 ft boats are set up with;

- front and rear depth finder
- bow mount, foot control trolling motor
- dual marine batteries with onboard charger for trolling motors
- movable pedestal seats with several different seating configurations
- · live well / front storage lockers
- bilge pump / aerator
- electric start 4 stroke fuel injected outboards, power trim and tilt, 40 & 60 hp. - tiller control
- · color coded fish measuring board

MAKE SURE YOUR BOAT HAS ALL THE SAFETY EQUIPMENT ON BOARD BEFORE YOU LEAVE THE DOCK





- flat carpeted decks
- spare fuel can
- safety equipment: paddles, throw rope, flashlight, bailing can, whistle



Fishing & Boating Regulations

Eagle Lake and the surrounding portage lakes has fishery enhancing regulations designed to ensure the fishing will be great for generations.

The limits for the conservation license are:

- Walleye 2 fish
- Northern 2 fish
- Smallmouth bass I fish before July Ist, 2 fish starting July Ist.
- Lake trout I fish
- Muskie catch and release only
- Whitefish 6 fish

CONSERVATION LICENSES ARE INCLUDED IN THE PACKAGE. SPORTSMEN'S LICENSES CAN BE PURCHASED FOR THE FULL PRICE OF \$55 US

The limits for a sportsmen's license are:

- Walleye 4 fish
- Northern 4 fish
- Smallmouth bass 2 fish before July 1st, 4 fish starting July 1st.
- Muskie I legal size fish
- Whitefish 12 fish

Fish size regulations

Walleyes have a slot size, this means that walleyes between 18 and 23 inches must be returned. Your best eater size are the ones under 18 inches, and fish over 23 inches are encouraged to be released unless you plan on mounting it.

Northerns ranging from 27.5 to 35.5 must be released, and any northern

over 35.5 is encouraged to be release unless you plan to mount it.

Smallmouth bass must be under 13.75 inches durning the months of May and June, Starting July 1st there are no size restrictions, but the large fish are encouraged to be released

Lake Trout limits allow only one fish over 25.6 inches, and that drops to 22 inches in September

Minimum size limit for muskie is 54 inches, and all legal size muskie are encouraged to be released.

There are no size limits on whitefish

Remember you are allowed in possession I days limit. The fish that you eat at shorelunch are considered part of your daily limit, and you can't replace those fish till the next day.

Ontario Boating Regulations

All boats must have a boater's safety card or complete a dockside checklist once you arrive at Stanley's. You can download and fill out the form and bring it with you and just have the staff sign it once you are at the resort.

All boats must have the minimum safety gear on board. This consist of;

- paddles, throw rope, bailing bucket
- whistle, flashlight, life vest for each person in the boat, and appropriate size
- fire extinguisher (for inboards tanks)

Alcohol is not permitted in the boat / on the lake / or at shoreluch.

WHILE ON THE WATER



ONE LINE PER ANGLER



MEASURE EACH FISH



NO ALCOHOL ON THE LAKE



KEEP YOUR FISHING LICENSE AND BOATERS CHECKLIST WITH YOU